Volunteers In Medicine Clinic

Carrying on the spirit of community caring

As many of you know, I have stepped down as a board member of Volunteers In Medicine, after more than 11 years of service as a founding director.

But my work on behalf of our clinic is not over. I continue to serve the clinic as it pursues its vital mission

Recently, the clinic had its 100,000th patient visit. That's an amazing statistic for several reasons: It reflects the great need in our community to provide high-quality, compassionate care to the low-income, uninsured. It also demonstrates a sustaining effort by our donors, volunteers, and grantors to serve. And it certainly illuminates a compelling truth: that the desire to serve is a powerful force for community support.

VIM board chair Duncan McDonald often speaks of "the philanthropy of time." He refers to, of course, the investment of "self" in community. Duncan and our entire board carry this spirit of investment through all of their work, and I am

thankful for their presence and commitment.

Offering thanks: This is something I will always do, and I will never tire of it, because every thankyou, whether for the giving of time or of treasure, is an accounting of service and commitment to others.

So, our work does continue. I am thankful for that – and for all of you who fill my heart.

Sister Monica Heeran



A plaque of Sister Monica Heeran, installed at the VIM clinic, to honor her retirement from the board.

From patient to volunteer: the desire to give back



Patient and VIM volunteer, Michael T. Henry.

"If it wasn't for Volunteers In Medicine, I would still be walking with a cane," says Michael T. Henry, owner of Sound Engineering, an electronics repair business.

Since 1993, Michael has owned his own business, and he's also deeply connected to the local music scene, having booked bands for such events as the Eugene Celebration and the American Cancer Society Relay for Life, as well as run stage management for others. Michael made the arrangements for music at VIM's Volunteer Appreciation event held this September.

As a small businessman, Michael has never had medical insurance, because of the high cost.

Celebrating 10 Years of Service

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Thank you for making our newsletter so colorful!

A 10th anniversary year full of magic! 10 years, 10,000 patients, and 100,000 patient visits!

Is 10 our lucky number? Volunteers In Medicine has more to celebrate than its 10th year of service to our community.

This November, VIM achieved two more notable milestones: treating its 10,000th unique patient and reaching more than 100,000 patient visits.

VIM achieved these two milestones because of the incredible support and hard work of its small staff and approximately 500 monthly volunteers, including volunteer doctors, nurse practitioners, phlebotomists, psychologists, and a solid corps of administrative volunteers who sign up each month to ensure our low-income patients receive high-quality care.

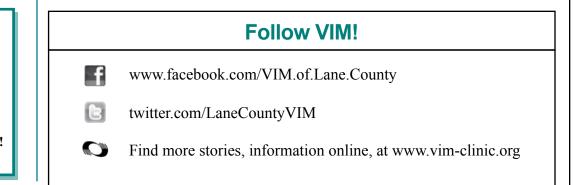
With more than 73,000 uninsured people in Lane County, our work is



Volunteer Dr. Jeffrey Salerno treats patient Kimberly Criswell.

more important than ever, and we will continue to share our stories with you, our important supporter.

Looking to the future, 15 might be VIM's new lucky number, as VIM marked its 15,000 referral this year, as well, sending patients more than 15,000 times to specialty providers in the community who have agreed to see our patients for low or no cost. \Leftrightarrow



Our Vision

May we have eyes to see those rendered invisible and excluded, open arms and hearts to reach out and include them, healing hands to touch their lives with love and, in the process, heal ourselves.

Our Mission

Our mission is to understand and serve the health and wellness needs of the medically underserved and other household members who live and work in the greater Lane County area.

Staff Spotlight

DeLeesa Meashintubby

DeLeesa Meashintubby, senior operating officer at VIM, has been with the organization since its inception, seeing it through many transitions and expansions in its 10 years.

But she's gone through her own transformation, working at VIM, especially in her understanding of health care.

"If you would have told me 15 years ago that I would be doing this work, I would have told you, "No, not me," she says. "But now I can't see myself doing anything else."

In working previously in a place where people had medical insurance, she took medical insurance for granted.

"I really didn't understand the patient who didn't have insurance. But there are 73,000 people out there in Lane County who don't have insurance. They are getting to be in the majority, not the minority. So, now I understand I had blinders on."

Those blinders have been





Senior Operating Officer DeLeesa Meashintubby has helped lead VIM through almost all of its 10 years.

off for a long time, though, with DeLeesa serving as a major contributor to the VIM clinic's success, especially in the recruitment of volunteers. She is a frequent presenter at community events, and sits on several committees and councils related to health care and student recruitment.

"A lot of our patients have not been able to get the health care they need because they can't afford it, and they have no insurance," DeLeesa says. "I like to go the extra mile, to help them get healthy and stay healthy. It's always easier to say there's no time. But at VIM, we make the time." �

DeLeesa has been a major organizer of medical services at the annual Project Homeless Connect, serving Lane County's homeless population, as well as lead for the team of VIM volunteers participating at the event.

Volunteers In Medicine and the committee of the 2011



annual luncheon and auction are grateful to the generous sponsors, donors and many volunteers who helped to make this year's event a great success.

A special thank-you goes to these sponsors:

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FY 2011, October 1, 2010 — September 30, 2011

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Volunteer with VIM!



We need you, volunteer health care professionals and other interested individuals from our entire community.

Even with no medical background, you can

contribute fully. No matter your interest, VIM has a place for you among the more than 500 individuals who contribute monthly their services and expertise.

To fill in an application online, go to: www.vim-clinic.org/volunteer-application.

Or, to learn more about volunteer opportunities, contact DeLeesa Meashintubby at (541) 686-3797, or dmeashintubby@vim-clinic.org.

VIM welcomes new medical director



Dr. James Hylton, VIM's new medical director.

Dr. James Hylton, who grew up in Eugene, but moved away when his father, a chemist, relocated the family to Michigan, says he knew he always wanted to come back west.

After studying at Michigan State University, Hylton did return, signing up for an internship and residency in Portland, at Providence Medical Center. When he moved to the Eugene area, he began seeing patients as a volunteer for VIM in 2001.

"Most of my career, I have served underserved populations," he says. It's his certification in internal medicine that makes him particularly interested in serving adults, Hylton says.

"These are the people who might otherwise not get care," he says. "My goal is to increase the number of providers we have, so we can see more patients. I'm honored to be in this position, to give these patients care."

In Memoriam

During FY 2011 (ending September 30, 2011), VIM appreciatesIn memory of Brian Hardythose in our community who gave a memorial gift in the
name of cherished or respected individuals in their lives.In memory of N. Ray Haw

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VIM by the Numbers

Fiscal Year 2011 October 1, 2010 - September 30, 2011

Total Patient Visits 11,365

Primary care Visits 6.450

Behavioral Health Visits 1,580

Laboratory Services

2,647

Patient Assistance Program

(Applications submitted to pharmaceutical company donation programs)

2,465

Free prescriptions

(Patient Assistance Program)

\$1.38 million

Average number volunteers per month

472

Total volunteer hours 30,452

Value of volunteer hours \$730,693

Save the Date!



Get ready to attend VIM's annual, premier fundraising event!

Tickets are already on sale for the event held

April 18, 2012! Hurry! Tickets go fast!

For more information, contact Nicole Gauron, 541-335-2827, or ngauron@vim-clinic.org.

Heading to the UO?

This 2011-2012 school year, the coffeebar baristas at

The Duck Store

are donating all tips to

Volunteers In Medicine!

When at the UO, grab a cuppa at The Duck Store, drop a tip, too, and thanks for your support!

Your tips add up!

VIM internship program expands its professional reach



Lori Dunnihoo, a Portland State University student, is the first in VIM's new social work internship program.

In keeping with a trend toward patient support that meets the needs of the whole patient, Volunteers In Medicine has launched a social work internship program in partnership with Portland State University.

As part of its Youth Recruitment and Training Program, VIM works with several professional programs in pharmacy, counseling, and now social work. Students volunteer at VIM, earning credit and meeting the requirements of their program, with direct supervision and evaluation from certified professionals.

Lori Dunnihoo, a Master of Social Work student, is VIM's first social work intern, volunteering 16 hours at VIM, and going to class a full day on Friday.

"VIM is a very forwardthinking model, by combining mental health, medical care, and community outreach," Lori says. Lori sought out VIM in her last

continued on next page



To read another VIM internship success story, go to www.vim-clinic.org/ internship-program, where you can read about UO graduate Ben Jacques and his journey from VIM volunteer in 1995 to Pharmacy doctorate student, and VIM intern, in 2011.

Patient story, continued from p. 1

"What I did before was try not to get sick," he says. "I just would treat myself as best I could because there was nowhere to go." Because of his income, Michael did not qualify for the Oregon Health Plan.

When Michael came to VIM because of a growth on his cheek, a blood test led to a diagnosis of diabetes. Through VIM's Diabetes Education and Management Program, patients such as he get lifestyle counseling to support adjustments in lifestyle and eating habits for better management of the disease.

As well, patients get free testing strips, other supplies and medicines they need to manage their disease, but can cost in the hundreds of dollars each month.

But there was a bigger problem Michael had been living with for years, a knee injury that left him hobbled, often laid up from the pain, and walking with a cane.

"I was using a cane all the time before the surgery, for almost two and half years. I was in constant pain and flat on my back, living on the couch, literally, for eight weeks after the wrenching," Michael says.

VIM worked as his liaison to get him the specialty care he needed, and in September 2010, he had arthroscopic surgery.

"My knee is fine, and I can go

backpacking again, and that's why I moved here," he says. "I finally put the cane away. It sits by the front door."

Michael's love for hiking was on hold for years, even as he lived up the McKenzie River. When he moved to Springfield last December, one of the first things he did was sign up to volunteer at VIM. For almost a year, Michael has volunteered as a screener, reviewing paperwork to ensure individuals are eligible for our services.

"These people at VIM have done so much for me, this is the least I can do," Michael says. "I can't afford to make donations, but I can certainly give them some of my time." ❖

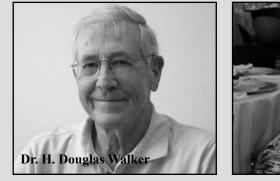
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year of school, having interned previously with ShelterCare and SafeHaven.

"There are a lot of things that cause illness — stress, lack of food," Lori says, or contribute to the exacerbation of medical conditions, including a lack of transportation or storage for medicines.

"There can be ways that patients are living that affect their medical condition," Lori says. "This position connects people with their community, supporting access to other services that provide" for their other needs. \Leftrightarrow

Founding board members retire



In 1999, eleven individuals heeded the call to organize a free medical clinic. At the time, the conservative estimate was 28,000 uninsured people in Lane County; today, it's approximately 73,000 uninsured.

This fall, the last of those founding board members, Dr. H. Douglas Walker and Sister Monica Heeran, retired. With them, the mission and vision of VIM has succeeded beyond expectation. VIM gives an eternal thanks to them for their hard work and commitment, and we are grateful for their continued participation in leadership activities in still other ways at VIM.

Honorarium Donations

During Fiscal Year 2011 (ending September 30, 2011), VIM appreciates those in our community who honored the people in their lives with a gift to the clinic and its mission.

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onica Heeran

Volunteers In Medicine

2260 Marcola Road Springfield, OR 97477



NOTE: These phone numbers are local. 458 is a new, local area code!

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> Tracy llene Miller Communications & Grants Director 458-205-6364 tmiller@vim-clinic.org

Thank you!

A sincere thanks to KVAL for its continued support of VIM's public service announcements!



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for its ongoing support of our advertising needs!



Swingin' Summer Night

Thanks to the sponsors who made the 3rd annual fundraising dinner and dance a wonderful success!

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The auction crew

Sid Voorhees and his crew for their work and dedication to VIM

Our donors, volunteers and staff who made this event possible!